

## ADVENT COMMITMENT

*Prepare with a humble heart ...*

1. Examine your conscience through the lens of your heart not your head.
2. Bring all of your imperfections to the confessional frequently.
3. Dedicate time daily to be with the Lord.
4. Begin a new spiritual discipline.
5. Seek a deeper understanding of the Catholic faith.
6. Prepare your heart to receive Jesus before every holy Mass.
7. Open your heart for opportunities to share your faith with others.



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