

The Universal Prayer

Composed in 1721 by Pope Clement XI

Lord, I believe in you: increase my faith.
I trust in you: strengthen my trust.
I love you: let me love you more and more.
I am sorry for my sins: deepen my sorrow.

Help me to conquer anger with gentleness,
Greed by generosity,
Apathy by fervor.
Help me to forget myself
And reach out toward others.

I worship you as my first beginning,
I long for you as my last end,
I praise you as my constant helper,
And call on you as my loving protector.

Make me prudent in planning,
Courageous in taking risks.
Make me patient in suffering,
Unassuming in prosperity.

Guide me by your wisdom,
Correct me with your justice,
Comfort me with your mercy,
Protect me with your power.

Keep me, Lord, attentive at prayer,
Temperate in food and drink,
Diligent in my work,
Firm in my good intentions.

I offer you, Lord,
My thoughts: to be fixed on you;
My words: to have you for their theme;
My actions: to reflect my love for you;
My sufferings: to be endured for your
greater glory.

Let my conscience be clear,
My conduct without fault,
My speech blameless,
My life well-ordered.

I want to do what you ask of me:
In the way you ask,
For as long as you ask,
Because you ask it.

Put me on guard against my human
Weaknesses.
Let me cherish you love for me,
Keep your law,
And come at last to your salvation.

Lord, enlighten my understanding,
Strengthen my will,
Purify my heart,
And make me holy.

Teach me to realize that
This world is passing,
That my true future
Is the happiness of heaven,
That life on earth is short,
And the life to come eternal.

Help me to repent of my past sins
And to resist temptation in the future.
Help me to rise above my human weaknesses
And to grow stronger as a Christian.

Help me to prepare for death
With proper fear of judgement,
But a greater trust in your goodness.
Lead me safely through death
To the endless joy of heaven.

Let me love you, my Lord and my God,
And see myself as I really am:
A pilgrim in this world,
A Christian called to respect and love
All whose lives I touch,
Those under my authority,
My friends and my enemies.

Grant this through Christ our Lord. Amen.

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Prayer of Abandonment

Charles de Foucauld

Father,
I abandon myself into your hands;
do with me what you will.
Whatever you may do, I thank you:
I am ready for all, I accept all.

Let only your will be done in me,
and in all your creatures -
I wish no more than this, O Lord.
Into your hands I commend my soul:
I offer it to you with all the love of my heart,
for I love you, Lord, and so need to give myself,
to surrender myself into your hands without reserve,
and with boundless confidence,
for you are my Father.

Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone
who fled to thy protection, implored thy
help, or sought thine intercession was
left unaided.

Inspired by this confidence, I fly unto
thee, O Virgin of virgins, my mother; to
thee do I come, before thee I stand, sinful
and sorrowful. O Mother of the Word
Incarnate, despise not my petitions, but
in thy mercy hear and answer me.

Amen.

Saint Michael The Archangel

Intercessory Prayer

St. Michael, the Archangel, defend us
in battle. Be our protection against the
wickedness and snares of the devil. May
God rebuke him, we humbly pray; and do
thou, O Prince of the heavenly host, by
the power of God cast in hell Satan and
all the evil spirits who prowl throughout
the world seeking the ruin of souls.

Amen.

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